

Achieving Work-Life Balance in Your Research Career

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Post Url

<https://www.enago.com/academy/achieving-work-life-balance-in-your-research-career/>



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This webinar will highlight the importance of work-life balance as a researcher and will primarily focus on addressing key challenges faced by researchers while bringing in a balance to their work-life along with sharing practical tips to achieve this successfully.

After this session, you will have more information on the following:

- Why is work-life balance important?
- Negative impacts in case of failure
- How can you balance research productivity and work-life?
- Employer's Role in Maintaining Work-life Balance

In case of any queries, please feel free to check our webinar [FAQs](#) page or email us at academy@enago.com.

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